

Muslim Youth Helpline

The Muslim Youth Helpline (MYH) is a registered charity which provides pioneering faith and culturally sensitive services to Muslim youth in the UK. Our helpline is a free and confidential service offering support to vulnerable youth in need. Common issues range from relationships, mental health concerns, sexual abuse and religious issues. MYH prides itself on its non-judgemental ethos. However in line with our non-judgemental ethos we treat all enquiries seriously and do not turn away any person in need.

Contact

Telephone	08088 082008
Email	info@myh.org.uk
Website	http://www.myh.org.uk

Service Details

Additional Information	The helpline is available nationally via telephone for free, live web chat or email. Helpline opening hours are Monday to Sunday, 4pm to 10pm.
Referral information	Self referral.
Age Range Details	Service is for all young people.

Some activities and family support services listed in our directory may be cancelled, postponed, or running in a different way due to coronavirus restrictions. Please contact providers to check for information about any changes.