

## Association For Postnatal Illness

The Association for Post-Natal Illness is a Registered Charity established in 1979 to provide support to mothers suffering from post-natal illness. The Association has a countrywide network of volunteers who have had, and recovered from the illness and can give women hope that they will eventually recover. They can be contacted via phone, e-mail, chat box on the website or by post. Women with Postnatal depression may feel unable to go out of their house, and meeting people may cause them a great deal of stress. However, women often find that talking, or writing to someone who has had the illness, and recovered, allows them to discuss the most distressing symptoms of the illness.

### Contact

**Telephone** 02073 860868  
**Email** [info@apni.org](mailto:info@apni.org)  
**Website** <http://www.apni.org>

### Venue

**Venue address** 145 Dawes Road  
Fulham  
London  
**Postcode** SW6 7EB

### Date/Time

**Opening times** Mon: 10:00-14:00  
Tue: 10:00-14:00  
Wed: 10:00-14:00  
Thu: 10:00-14:00  
Fri: 10:00-14:00

### Service Details

**Additional Information** Volunteers are carefully vetted to ensure that they are completely well, that they have had no previous mental illness and that they are not opposed to drug therapy.

**Referral information** Self referral.

Some activities and family support services listed in our directory may be cancelled, postponed, or running in a different way due to coronavirus restrictions. Please contact providers to check for information about any changes.